

# OJAS

wellness center

## Massage Therapy Guest Registration

Please print name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

What specific areas would you like to focus on? \_\_\_\_\_

Your custom wellness massage can include the following. Please check those you would like:

Warm Stones  Warm Towels/Heat Wraps  Essential Oils

Have you ever received professional massage therapy before? \_\_\_\_\_

If so, when was the last time? \_\_\_\_\_

What previous or recent accidents, injuries, surgeries, or health conditions do you have that could affect today's massage? \_\_\_\_\_

Are there any other issues, concerns or information you would like your massage therapist to know?  
\_\_\_\_\_

Are you currently under any medical care or supervision? \_\_\_\_\_

If so, what for? \_\_\_\_\_

What medications are you on? \_\_\_\_\_

Are you allergic to any substances (ie oils, nuts, fragrances, etc)? If so, please list below.  
\_\_\_\_\_

Do you exercise? If so, what type of activity? \_\_\_\_\_ Occupation \_\_\_\_\_

Are you pregnant? \_\_\_\_\_ Due Date? \_\_\_\_\_

### Ojas Policies:

Appointments – A client's appointment for massage, acupuncture, and bodywork can be made by telephone or in person using your Visa, Mastercard, Discover, or American Express.

Guest Cancellations – Because of our high demand and premium service, we request the courtesy of a 24-hour cancellation notice for all acupuncture, massage, and skin care appointments. Cancellations of less than 24-hours and no shows will be charged a 100% of the fee. Gift cards will be reduced by the value of the service, and clients with a WellPass™ will be charged one unit of that program.

Late Arrivals – We regret late arrivals will not receive an extension of scheduled service times and will be responsible for the full service fee.

Client Confirmation - Ojas will contact clients via email and/or text message for appointment confirmation approximately 48 hours prior to the appointment.

**Please feel free to give feedback to the massage therapist during and after each session. Each person is unique and only through open communication can we maximize the massage experience for you.**

I understand that I will be receiving massage therapy for the purpose of stress reduction, relief from muscle tension or spasm, or for increasing circulation and energy flow. I understand that the massage therapist does not diagnose illness, and, as such, the massage therapist does not prescribe medical treatment or pharmaceuticals, nor does he or she perform spinal manipulations. I am aware that this massage is not a substitute for medical examination or diagnosis, and that it is recommended that I see a physician for any ailment I might have. I understand and agree that I am receiving massage therapy entirely at my own risk. In the event that I become injured either directly or indirectly as a result, in whole or in part, of the aforesaid massage therapy I HEREBY HOLD HARMLESS AND INDEMNIFY Ojas Wellness Center, the therapist, his or her principals, and agents from all claims and liability whatsoever.

I have read and understand the above information and policies and have provided all requested information to the best of my knowledge. I understand that massage therapy does not constitute medical treatment. I take full responsibility for alerting the massage therapist of any conditions that arise which may affect the massage session. I voluntarily agree to the terms and conditions stated above.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

For Office Use Only: